

Weekly Reflection & Planning

CELEBRATE WEEKLY WINS

Identify the big accomplishments for the week. What worked?

Also what did you enjoy doing most , what brought you joy, inspiration?



WHAT DIDN'T WORK OR NEEDS ADJUSTMENT. HOW CAN I IMPROVE?

What left you feeling drained, frustrated or tasks you procrastinated on? Brainstorm areas to improve for next week.



NEW POTENTIAL OPPORTUNITIES / LOW HANGING FRUIT



WEEKLY PLANNING FOR NEXT WEEK

Identify the "big things" for next week that will open doors and move the need forward. Once identified, schedule time on your calendar to complete these tasks.

